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Mental Health 4 Life Resource

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For more information, please look at the web site www.eufami.org or contact EUFAMI at info@eufami.org

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6th EUFAMI European Congress

Sofia, Bulgaria

19th and 20th September 2015



Registration for the Congress is now open - log onto www.eufami.org/congress-2015

FEAFES becomes Mental Health Spain (SALUD MENTAL ESPAÑA)

After months of hard work, the Spanish Confederation of Families and People with Mental Illness (FEAFES) has become MENTAL HEALTH SPAIN (Confederación SALUD MENTAL ESPAÑA). After more than 30 years working under the name



FEAFES on behalf of associations of relatives and people with mental illness, with the aim of improving their quality of life and defend their rights, a new brand and visual identity has been created in order to become more inclusive and positive. With this change, SALUD MENTAL ESPANA wants to keep their current essence and values but demonstrate their work in a better way and what the stand for. EUFAMI sends it best wishes to our Spanish member association.

Schizophrenia Societies of Canada create Schizophrenia Community Radio

The Schizophrenia Societies of Canada are creating Schizophrenia Community Radio to empower the schizophrenia community. It empowers by giving voice to individuals living with schizophrenia, to their family caregivers and families, and to their healthcare and social services providers. They describe their experiences in their own voices. Their voices are broadcast on internet radio. The broadcasts are stored in an archive which, as it grows,



generates knowledge that, for everyone, advances understanding of schizophrenia, the challenges it creates, and the support that it needs.

Schizophrenia Society of Canada CEO, Dr. Chris Summerville, explains that sharing experiences will let individuals, their families and family caregivers know that they are not alone. He adds that "Sharing trustworthy, understandable and useful information gives hope that recovery from mental illness is possible with the support of a caring community." Schizophrenia Community Radio (http://tinyurl.com/nxyrr62) starts broadcasting in August. From then on its broadcasts will be available for any-day, any-time listening from anywhere with Internet.

Mental Health 4 Life Resource

Promoting Mental Health 4 Life (MH4L) is a learning resource to help individuals and organisations improve both their own mental health and the mental health of the people they serve. There are many small but



powerful steps that can be taken by individuals and organisations from all sectors which can make an impact on mental health. This resource is designed to distil those into a concise and accessible form, with links to other resources for further information. The content is organised according to a life-course approach, with sections on promoting mental health at each stage of life to reflect the needs of individuals at different points in their development.

Additional sections address mental health promotion with schools, employers, health and emergency services, and councils. Log onto http://careif.org/category/mh4life/

Civil Society representatives: Call for expression of interest is open for the EMA Management Board

The EU Commission is launching a selection procedure to appoint the Civil Society representatives in the Management Board of the European Medicines Agency (EMA), in London. Four members to represent civil society will be appointed: two members representing patients' organisations, one member representing doctors' organisations and one member representing veterinarians' organisations. The term of office of the current members expires on 20 March 2016. For more information, log onto http://tinyurl.com/qcwxonc

New book on the impact of the global economic crisis on health systems

The financial and economic crisis has had a visible but varied impact on many health systems in Europe, eliciting a wide range of responses from governments faced with increased financial and other pressures. This book maps health system responses by country, providing a detailed analysis of policy changes in nine countries and shorter overviews of policy responses in 47 countries. It draws on a large study involving over one hundred health system experts and academic researchers across Europe. Focusing on policy responses in three areas – public funding of the health system, health coverage and health service planning, purchasing and delivery – this book gives policymakers, researchers and others valuable, systematic information about national contexts of particular interest to them, ranging from countries operating under the fiscal and structural conditions of international bailout agreements to those that, while less severely affected by the crisis, still have had to operate in a climate of diminished public sector spending since 2008.

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European Federation of Associations of Families of People with Mental Illness Europese Federatie van Familieverenigingen van Psychisch Zieke Personen Fédération européenne des Associations de Familles de Malades Psychiques Europäische Föderation von Organisationen der Angehörigen psychisch Kranker