



## Message from the Secretary General

Dear Colleagues and Friends,



We hope 'WPA News' March 2015 was quite informative and useful.

The WPA Regional Congress, Osaka on June 4-6, 2015 was a remarkable event, held in association

with JSPN Congress, with 7,300 delegates from 36 countries participating. Hearty congratulations to the team led by JSPN President Masatoshi Takeda, Chairman T. Kishimoto and Tsuyoshi Akiyama. We also had the meeting of the WPA Executive Committee at Osaka on June 6th and 7th in which all the eight EC members were present.

Under the guidance of our dynamic President Prof Dinesh Bhugra WPA is engaged in the implementation of the new action plan for 2014-17 and we request your whole hearted co-operation and involvement. My third official visit to the WPA Secretariat at Geneva was from April 26-29, 2015. Functioning of the Secretariat, working arrangements and administrative tasks were reviewed. On April 28th, we had a very fruitful meeting with the new Director General of Geneva University Hospital, Bertrand Levrat. The HOD of Psychiatry at HUG, Jean-Michel Aubry too was present. Our thanks are due to them for their support to WPA. Discussion with our lawyer was also held. Strategies about WPA News were discussed. Other activities included a visit to the WPA archives, WPA Library and our premises.

We are looking forward to WPA Congresses at Bucharest (June), Kochi (September) and Taipei (November) this year. Kindly do attend. And do visit our website [www.wpanet.org](http://www.wpanet.org).

Thanking you,

Roy Abraham Kallivayalil  
WPA News Editor  
WPA Secretary General

## Message from the WPA President



Dinesh Bhugra

Dear Friends,

I would like to inform you of a couple of very exciting developments. Firstly in a joint project with Lancet Psychiatry, the WPA has established a start and finish Commission (**WPA-Lancet Commission in Psychiatry**). This commission will explore the role of psychiatry and the psychiatrist in the first quarter of the 21st century. The actual procedure will have two stages: firstly a qualitative study during which various psychiatrists at various settings with varying degree of experiences will be interviewed either by themselves or in small groups with guided questioning. The findings from this phase will inform the next phase of the study. In the second stage a web-base survey will be developed and conducted. The second stage should be up and running around September 2015. It is expected that the final reports will be ready for publication by Lancet Psychiatry by the end of 2015 or early next year. Please keep an eye out for the survey and respond. We want to develop as full a picture as possible. This project will enable us to identify skills and competencies required of a psychiatrist in modern clinical practice. Following this we will be in a better position to develop suitable and appropriate curricula and training for future psychiatrists. Dr Alexander Langford is leading on this project.

### Mental Health for Life. For All.

A major global campaign **WPA Campaign for Social Justice for the Mentally Ill** will be launched at our International Congress in Bucharest in June. We aim to draw attention of policy makers

around the globe to change mental health care policies. Our focus is on outcomes based parity and human rights based equity to ensure that appropriate resources for research and/or clinical services are made available so that our patients get the best, most effective and efficacious treatments. The campaign will target all stakeholders to ensure that mental health is on everyone's agenda. Social inequalities lead to a differential increase in physical and mental health problems. We are in discussions with other organisations to work globally to advocate for our patients.

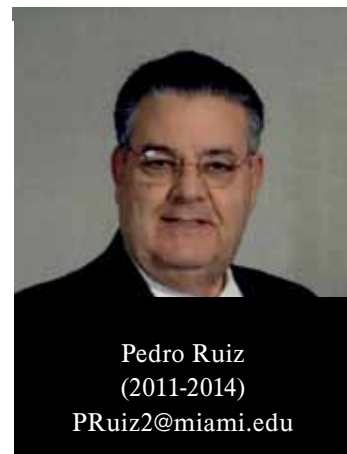
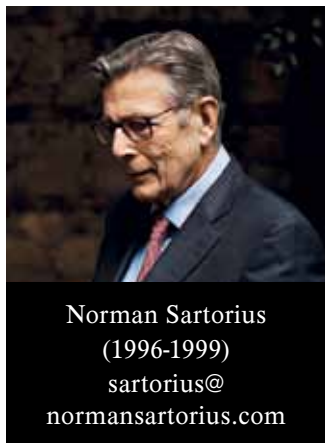
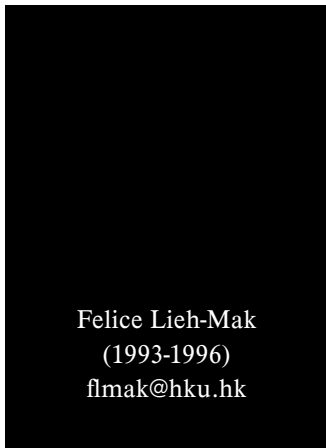
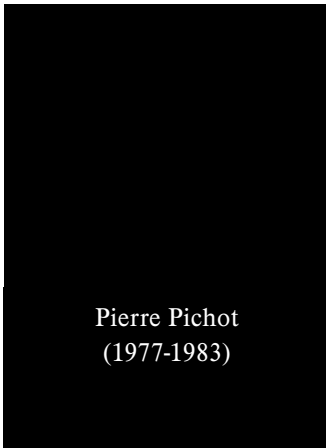
Every standing committee of the WPA now has an Early Career Psychiatrist as an observer. We are looking at further steps for better engagement with residents/trainees/medical students and early career psychiatrists.

I am delighted to report that Dr Avdesh Sharma has very kindly accepted to be the WPA lead on Public Education for all stakeholders but also for media training of psychiatrists. WPA is committed to have mental health included in the **Sustainable Development Goals (SDGs)**. Please ask your policymakers to include this in their communication with the United Nations.

Please feel free to contact me directly with suggestions, comments and issues that you feel are important and the WPA needs to take on board. I look forward to hearing from you.

Dinesh Bhugra, CBE  
President  
World Psychiatric Association

■ WPA COUNCIL (2014-2017)



## From the President-Elect



Helen Herrman

As I move around, meet friends and colleagues and learn more about the work you are doing, I continue to be impressed with and grateful for the level of enthusiasm for the WPA's mission. The WPA

was established in 1950 as a united and credible voice for the psychiatric profession, and our profession's role in improving mental health globally and in each country. So how best do we use our Association, and our links with other organisations, to advance these aims? One key to success is 'inclusion', making sure that people from all parts of the world contribute to the big agenda.

The other key to the success of WPA's work is the ability to work together and with others. It is especially important to develop good collaborative relationships with service

users and family carers. Empowering them throughout the treatment process and in other ways has enormous mutual benefits. It is a topic that underpins much of my own work with the WPA. Indeed it is my belief that it is vital for all stakeholders in the mental health enterprise – patients, family members, mental health providers, social welfare agencies, and others – to work together to reach an understanding about their common interests. Combining their efforts will help create the convincing arguments needed to persuade government leaders and community members to invest societal resources in mental health care and in the educational and research efforts essential to the promotion of mental health.

A taskforce established by the WPA in the years 2008-2011 highlighted the importance of developing a unified approach to advocacy for mental health at country and international levels (see the taskforce report and recommendations in the October 2011 issue of *World Psychiatry*). Adequate support for mental health care in any country requires a

united voice, but in many countries there are weak partnerships between the many stakeholders concerned about mental health. Patients and their family members are a crucial component of the coalition that is needed to instigate changes in the provision of services to people with mental illnesses. However, support from others for their systematic involvement is uncommon.

The WPA has reinforced calls from psychiatrists and advocacy groups for the inclusion of service users and family carers in all decisions directly and indirectly related to the treatment, rehabilitation and recovery of people with mental illnesses. Part of my responsibility within WPA's current action plan is to explore ways we can help to achieve this. It is work that WPA is committed to doing and that we look forward to continuing with your help in this triennium and the next.

**Helen Herrman**  
WPA President-Elect

## From Secretary for Education



Edgard Belfort

### IMPROVING ACCESS TO MENTAL HEALTH CARE? WHY, WHAT, WHEN AND HOW TO EVALUATE?

These are questions that do not get many answers today but requires discussion and analysis in the context of actually acting. The evaluation and measurement of health programs as well as its definition and traps, are crucial in these processes.

One step in the strategic planning has to do with improving training IN PSYCHIATRY IN PRIMARY CARE AND SPECIALIST, with the implementation of programs to develop mental health care community through empowering primary care. Leadership skills need an ability on the clinician's part to manage the ever increasing complexity of health care systems. Medical leadership is crucial in providing the best services which will be acceptable to patients and their families.

The right to health is compromised if the criterion of quality of care is not considered the cultural competence. The attention to the cultural framework cannot be optional but should become a key element in defining future classification concepts. Different cultures express symptoms differently and concepts of illness vary also with culture, geographic and linguistic diversity must be addressed carefully also in creating mechanisms for participation.

As contemporary societies have been moving towards multiculturalism as a result of the

progressive increase in immigration over recent years, it becomes more evident the need to adapt health care resources to this demographic diversity. The presence of users belonging to ethnic or cultural minority groups is increasingly noticeable in the health care devices, requiring consider whether they are adequately prepared to provide care of the same quality to all users, regardless of their origin. A health system that ignores these aspects discriminates against users, offering an uneven quality of care based on ethnic or cultural group to which they relate.

These issues and others, give some answers to the planning strategies and education program and must not be left out in this triennium, to the effects certain actions in this line are presented to guide and help professionals in this area, like online courses, such as training in Intercultural Competence on-line through the website of the WPA.

Emergency psychiatry, leadership skills courses that have been carried out within the framework of the congresses in educa-

tional programs, revision of the educational programs of our organization, the core curriculum program, depression and physical illness, schizophrenia, etc. to adapt to the current realities and the approaches of diplomas as part of the education programs in this triennium, in constant contact with the components of the WPA and among member societies to foster mutual learning and the exchange of ideas, as well as, strengthening relationships to take full advantage of resources and experience of those who are willing to share with the member societies.

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Welcome to the Operational Committee on Education: Edgard Belfort (Chair), Luz Querubin (Co-chair), Roger Ng (Member), Constantin Soldatos (Member), Fabrizio Delgado (Member), Marc Hermans (Consultant), Bulent Coskun (Consultant), Andrea Fiorillo (Consultant), Felipe Picon (ECP-Observer).

Educational Activities carried out, well accepted and has had good impact:

- 1. WPA Meeting Inter Zonal of the Americas and the Secretary for Education.** Cartagena de Indias, Colombia. Nov. 25, 2014. Attendants: Edgard Belfort (Secretary for Education), Donna Stewart (Zone 1), Silvia Gaviria (Zone 4), Alfredo Cia (Zone 5), Virginia Rosabal (Zone 3). Identification of educational activities and projects in different areas, together with member societies to be develop in 2015.
- 2. XXIX Central American Congress of Psychiatry ACAP 2015 / VIII Nicaraguan Congress of Psychiatry** Managua, Nicaragua. March 24-27, 2015. Organizer: Nicaraguan Psychiatric Association ANP; Edgard Belfort, Dinesh Bhugra, Virginia Rosabal, Mauricio Sanchez, Pedro Ruiz.
- 3. Workshop: "Medical Journals & Research: An Introduction to Peer Review"** Kerala, India. March 24, 2015. Venue: Seminar Hall, Dept. of Psychiatry, Pushpagiri Institute of Medical Sciences. Course Director: Prof Roy Abraham Kallivayalil, Co-Director: Dr. Shahul Ameen.
- 4. WPA Educational Activities, International's Dual Disorders Congress.** Barcelona, Spain. April 17-20, 2015. Dinesh Bhugra, Edgard Belfort, Miguel Roca.
- 5. Inter-associations. Forum: The Impact Mental Health Forum,** a meeting organized

by the World Association of Social Psychiatry. The focus of the meeting will be: "Collecting evidence to help improve access to mental health care: why, what, when & how to assess?" May 12-13, 2015. Yerevan, Armenia. WPA participants invited: Armen Soghoyan, Driss Moussaoui, Edgard Belfort.

**WPA REGIONAL CONGRESS "ASIAN PARTNERSHIP IN THE WORLD", OSAKA, JAPAN. JUNE 2-4, 2015.**

#### PROPOSED EDUCATIONAL ACTIVITIES

- 1. WPA International Congress "Primary Care Mental Health: Innovation and Transdisciplinary", Bucharest, Romania. June 24-27, 2015. Educational Program.**
  - 1.1 Lecture. Education and Leadership: Opportunities and Challenges.** Dinesh Bhugra.
  - 1.2 Symposium. Primary Care Mental Health: Needs and Opportunities.** Speakers: Helen Herman (Australia), Roy Kallivayalil (India), Michelle Riba (USA), Afzal Javed (Pakistan).
  - 1.3 WPA Forum: "Who we are and what we offer".** Forum interactive and focus on participation. Chairman: Dinesh Bhugra (UK).
  - 1.4 Activity Inter-Secretariat / Zonal Representative. Symposium: "Child and Adolescent Mental Health".** Teenage Pregnancy and Violence - Silvia Gaviria (Zone 4), The Effects of Emotional, Physical and Sexual Violence on Children and Adolescents Mental Health - Virginia Rosabal (Zone 3), Demographic Profile of consumer's adolescents in Latin America - Edgard Belfort (Secretary for Education).
- 2. National Congress, Costa Rica Psychiatric Association. San Jose de Costa Rica. August 21-22, 2015. WPA Educational Symposium.** WPA Secretary for Education, Zonal Representative (WPA Zone 3) and Costa Rica Psychiatric Association. No cost for WPA.
- 3. Psychiatric Association of Paraguay. La Asuncion, Paraguay. Sept. 15-18, 2015. WPA Educational Symposium.** No cost for WPA.
- 4. Psychiatric Association of Guatemala. Ciudad de Guatemala, Guatemala. Oct. 1-3, 2015. WPA Educational Symposium.** No cost for WPA.
- 5. Dominican Psychiatric Association. Santo Domingo, Dominican Republic. Oct.**

**8-10, 2015. WPA Educational Symposium.** No cost for WPA.

**6. Continuing Medical Education II Latin American Meeting. Panama City, Panama. Oct. 22-24, 2015.** Sponsor: WPA, Panama Society of Psychiatry, Ibero Latin America Neurosciences and Psychiatry Association (AILAXNCYP). Coordinator: Edgard Belfort. No cost for WPA.

**7. Continuing Medical Education III Latin American Meeting. Ecuador. Oct. 29-31, 2015.** Sponsor: WPA, Ecuador Society of Psychiatry, Ibero Latin America Neurosciences and Psychiatry Association (AILAXNCYP). Coordinator: Edgard Belfort. No cost for WPA.

**8. XXII World Congress of Neurology. Santiago de Chile, Chile. Oct. 31 - Nov 5, 2015.** WPA, Secretary for Education. No cost for WPA.

**9. XXXIII Congress of Psychiatric. Florianopolis, Brazil. Nov. 4-7, 2015.** Brazil Association of Psychiatry.

**10. Academic Meeting Psychiatry Post Graduates. Venezuela Central University, UCV. Caracas, Venezuela. Nov. 13-14, 2015.** Sponsor: WPA, WPA Zone 4, Venezuelan Society of Psychiatry. Attendants: professors Psychiatric Programs, Chiefs of Psychiatric Hospital Services, Psychiatrists and Psychologists postgraduates. No cost for WPA.

#### WRITTEN PAPERS

1. WPA, Secretary produced a series of written materials for education in different areas, in collaboration with the WPA Secretary for Publications. For example: **"Suicidio: Desde La Ideación A La Muerte"** Editors: Edgar Belfort; Cástulo Cisneros Rivera; Juan Carlos Martínez.

2. Translating into Spanish **Teaching Ethics in Psychiatry:** UNESCO chair in bioethics, WPA Standing Committee on Ethics **Teaching Ethics in Psychiatry:** case-vignettes. Editors: Prof. Amnon Carmi (Israel), Prof. Driss Moussaoui (Morocco), Prof. Julio Arboleda-Florez (Canada) in Collaboration with WPA Section on Psychiatry, Law and Ethics, WPA Section on Forensic Psychiatry, The International Center for Health, Law and Ethics, Faculty of Law - Research Authority, University of Haifa. In charge: Fabrizio Delgado (Ecuador), Virginia Rosabal (Costa Rica),

Silvia Gaviria (Colombia), Edgard Belfort (Venezuela).

#### WPA COURSE IN MENTAL HEALTH Current Proposal

1. WPA Diploma in Mental Health: **Expert on Mental Health Emergencies**. Online Course. Sponsored: Alcalá de Henares University. Spain. Objective: our main goal is help professionals maintain a good level of updating and specializations as well as to obtain the knowledge, abilities and diagnostic and therapeutic skills for successful intervention in mental health emergencies. The course accredited with 25 ECTS by the University of Alcalá de Henares as part of its own degrees and the WPA.

2. WPA Diploma in Mental Health: **Therapeutic model and treatment of abuse in girls-boys, adolescents and women**. Costa Rica, 2015. Sponsor: UNICEF & Rafael Landívar University. Costa Rica and the WPA.

#### UPDATING WPA EDUCATIONAL PROGRAMS

##### 1. WPA Educational Program on Schizophrenia

Text-materials need very extensive revision - both in form and content to generate a revised and coherent up-to-date version. Create a new curriculum structure - revise the text parts - the format of the material (PP, e-learning if needed, brochure etc.) - develop new materials - agree upon the layout - involve members of the WPA Section on Schizophrenia to revise/newly develop the materials.

##### 2. WPA Educational Program on Depression in Persons with Physical Disorders.

Coordinator: Edgard Belfort (Venezuela), Co-Coordinator: Norman Sartorius (Switzerland).

##### 3. WPA Core Curricular in Psychiatry for Medical Student / Aug 2002. WPA Core Curricular for Postgraduate Training in Psychiatry / 1993-1999.

Coordinator: Dinesh Bhugra (UK), Co-Coordinator: Edgard Belfort (Venezuela), Maria Ines Lopez-Ibor (Spain).

Your comments and participation to achieve our goals is always welcome.

**Edgard Belfort**  
WPA Secretary for Education

## From Secretary for Finances



Armen Soghoyan

Dear colleagues,

This is to follow up the previous message which highlighted the importance of membership fees and financial discipline.

In this message I would like to touch upon the transparency, accountability and honesty issues in working with the organizations.

Goes without saying that any unit, be it commercial or public needs to attract financial resources either to spend at their own discretion or to meet the charter goals. Of course in some cases the organization resources are sufficient to meet certain goals, however we all know that long-term activities are impossible without sustainable financial inflows. The latter can be insured only through long term, fair and mutually beneficial cooperation with various partners and donors.

We look forward to further develop the existing relationships and to promote new ones being guided by principles of transparency, accountability and accessibility demanding

the same approach from our partners, particularly when it comes to financial issues.

Let us shape our success with joint efforts, laying down a smooth and sound path.

**Armen Soghoyan**  
WPA Secretary for Finances

## From Secretary for Sections

#### 9th International Conference on Psychosocial Rehabilitation, Lahore

The Pakistan Psychiatric Research Centre organised its 9th International Conference on Psychosocial Rehabilitation at Lahore, Pakistan from 26-28 February 2015. This was a WPA co-sponsored meeting and also had the co-sponsorship and support from the World Association for Psychosocial Rehabilitation Eastern Mediterranean Region, WAPR Pakistan Chapter, Horizons - an NGO

working in Peshawar, Psychiatry Department of Service Medical College, Lahore, Pakistan Psychiatric Society (PPS), WPA Zone 15, WPA Sections on Child and Adolescent Psychiatry, and Psychiatric Rehabilitation, SAARAC Psychiatric Federation (SPF), Asian Federation of Psychiatric Association (AFPA), World Federation for Mental Health (WFMH), World Association for Social Psychiatry (WASP), and South Asian Forum on Mental Health (SAF) Pakistan Chapter.

A special training programme on the topic of "Managing Trauma, violence and Stress among Children and Adolescents" was also



A group photo of delegates who attended the Conference in Lahore, Pakistan.

held and was attended by a large number of psychiatrists and other mental health professionals from all over the country.

The faculty included Prof. Helen Hermann (Australia), Dr. Gordana Milavic (UK), Dr. Shahid Munir Ahmad (UK), Dr. Muhammad Ather (UK), Dr. Sobia Khan (UK), Prof. S Naqvi (USA), Dr. Shafique Tahir (UAE), Prof. Khalid Mufti, Dr. Ali Ahsan Mufti and

Mrs. Romana (Pakistan), Dr. Ayesha Minhas (Pakistan), Dr. Nazish Imran (Pakistan), Dr. Irum Siddique (Pakistan), Dr. Nadeem Ahmad (Pakistan), and Prof Naeem Siddiqui (Karachi).

**Afzal Javed**  
WPA Secretary for Sections

## ***Miguel R. Jorge elected to the WMA EC***

Prof. Miguel R. Jorge, former WPA Secretary for Sections (2005-2011), was elected Chair of the World Medical Association (WMA) Social-Medical Affairs Committee and - as such - a member of its Executive Committee, during the WMA 200th Council Meeting in last April. He is an Associate Professor of

Psychiatry at the Federal University of São Paulo, a former President of the Brazilian Association of Psychiatry, and a long standing member of the World Health Organization Panel of Experts in Mental Health and Substance Abuse.

Hearty Congratulations to Miguel!



*Miguel R. Jorge*

## ***Order of Canada for Donna Stewart***

Our WPA Zone 1 Representative Prof. Donna Stewart has been inaugurated by Canada's Governor General (the Queen's representative) into the Order of Canada for her pioneering life accomplishments in women's

health. This award is Canada's highest civilian award (and replaces British knighthoods in Canada).

Our heartiest congratulations to Donna for this outstanding achievement!



*Donna E. Stewart*

## **■ WPA REGIONAL CONGRESS OSAKA**

The WPA Regional Congress Osaka, held June 4-6, 2015, at the Osaka International Convention Center in Japan, was a stunning success! Under the theme of "Asian Partnership in the World," the congress ran in parallel with the 111th annual meeting of the Japanese Society of Psychiatry and Neurology (JSPN), and was attended by 7,298 participants from 36 countries. The scientific program included 3 keynote lectures, 14 special lectures, 2 "Leaders' Roundtable" sessions, 1 "Meet the Pioneer" session, 49 symposia, and 103 poster presentations. Twelve non-Japanese early-career psychiatrists received JSPN Fellowship awards. Representatives from 15 countries, spanning five continents, participated in the Leaders' Roundtables.

Reflecting the aspirations of the WPA president, Prof. Dinesh Bhugra, the keynote and special lectures highlighted the issues of access to mental health care, mental health needs related to gender, innovations in women's mental health care, integration of care, parity, anti-stigma efforts, physical exercise as an adjuvant treatment, and early intervention. A press seminar on the topic of "Social Justice for the Mentally Ill" generated lively discussion with media representatives.

Japanese hospitality, led by the JSPN meeting president, Prof. Toshifumi Kishimoto, was evident in abundance throughout the congress. According to the JSPN policy, the congress was conducted without funding or sponsorship by pharmaceutical companies.



*WPA President Dinesh Bhugra addresses the Osaka Congress.*

**Tsuyoshi Akiyama**

## ■ VIKRAM PATEL NAMED IN TIME'S MOST INFLUENTIAL PEOPLE IN THE WORLD IN 2015

TIME magazine has named Vikram Patel, psychiatrist and co-founder of Sangath among the 2015 TIME 100, its annual list of the 100 most influential people in the world. The list, now in its twelfth year, recognizes the activism, innovation and achievement of the world's most influential individuals. TIME Editor Nancy Gibbs said: "The TIME 100 is a list of the world's most influential men and women, not its most powerful, though those are not mutually exclusive terms ... While power is certain, influence is subtle ... As much as this exercise chronicles the achievements of the past year, we also focus on figures whose influence is likely to grow, so we can look around the corner to see what is coming."

Prof. Patel co-founded Sangath, now considered one of India's leading research organizations working in the fields of child development, adolescent health and mental health. Prof. Patel led Sangath's efforts to bring better mental health care to low-resource communities. His studies have examined the burden of mental disorders and suicide in young people and the association of poverty and gender based violence with depression and suicide; adolescent health, HIV/AIDS and maternal and child health. He has mentored Sangath's pioneering programs to use ordinary people (called 'lay counsellors') to deliver care for a range of conditions, from autism in childhood to depression, schizophrenia and alcohol abuse in adults, to dementia in old age.

Commenting on the announcement, Prof. Patel said: "Being named on this list is a recognition for the tireless efforts of so many people in Sangath to use science and advocacy to enhance the quality of life of



Vikram Patel

people affected by mental health problems, easily the most neglected of all health issues, in the least resourced communities of the country".

Prof. Patel was a member of the Government of India's Mental Health Policy Group which drafted India's first national mental health policy; he currently serves on the National Human Rights Commission's Core Committee for Health and the National Rural Health Mission's ASHA Mentoring Group. He is also a co-Director of the Centre for the Control of Chronic Conditions at the Public Health Foundation of India and a Professor at the London School of Hygiene and Tropical Medicine.

## Upcoming WPA Major Meetings

WPA Secretary for Scientific Meetings, Masatoshi Takeda, m-takeda@aino.ac.jp



## ■ WPA REGIONAL CONGRESS KOCHI 2015 25-27 SEPTEMBER 2015 KOCHI, INDIA

*"Mind, Body and Culture"*

The preparations are going on steady for the WPA Regional Congress Kochi from September 25th to 27th 2015. The theme of the Congress is "Mind Body and Culture".

National and International faculty have confirmed participation. Response is overwhelming with the early bird registration coming to a close on May 31, 2015.



Picture depicts Kathakali, Indian Classical Dance-Drama.

Last date of submission for the Young Psychiatrist Fellowship Programme is extended to June 30th 2015. There are five fellowships - three for the region and two from anywhere in the world. The details are available on [www.wpakochi2015.com](http://www.wpakochi2015.com).

Kochi, known as the queen of the Arabian Sea is well known for its cultural values. With its long history of trade with the west, a blend of different ideas and philosophies is evident in the lives of people here. WPA members will have everlasting memories to take home.

Congress Secretariat:

**Dr. Kuruvilla Thomas**

Congress Secretary, WPA Regional Congress Kochi 2015

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■ **WPA INTERNATIONAL CONGRESS 2015**  
**18-22 NOVEMBER 2015**  
**TAIPEI, TAIWAN**

**Theme:** Bridging Asia to the World - A New Era for Psychiatric Treatment

**Date:** 18-22 November 2015

**Venue:** Taipei International Convention Center (TICC)

In conjunction with

**4th Asian Congress of Schizophrenia Research (ACSR), 18-20 November 2015**



**4th Congress of Asian College of Neuropsychopharmacology (AsCNP), 20-22 November 2015**



**Keynote Lecture Speaker**

Julio Licinio (Australia) | Rutger Jan van der Gaag (Netherlands) | Simon Baron-Cohen (UK) | Dinesh Bhugra (UK) | Edmund Sonuga-Barke (UK) | Kathleen Merikangas (USA) | Akira Sawa (Japan) | Ming-Tso Tsuang (USA)



**State of the Art Speaker**

Helen Herrman (Australia) | Donna E. Stewart (Canada) | Xin Yu (China) | Peter Falkai (Germany) | Lakshmi Vijayakumar (India) | Hidenori Yamasue (Japan) | Jun Soo Kwon (Korea) | Tai-Ann Cheng (Taiwan) | Hsien-

Yuan Lane (Taiwan) | Elvira Bramon (UK) | De-Maw Chuang (USA) | Michelle Riba (USA)

**Important Dates**

Early Registration Deadline: July 31, 2015  
 Deadline for Accepted Author to Complete the Registration: July 31, 2015  
 Last Day for Cancellation of Registration with 75% Refund: July 31, 2015  
 Deadline for Online Registration October 15, 2015

**WPAIC 2015 Secretariat**

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■ **WPA INTERNATIONAL CONGRESS**  
**6-10 JULY 2016**  
**ISTANBUL, TURKEY**

**Organizers:** a) Psychiatric Association of Turkey

b) Turkish Neuropsychiatric Society

**Contact:** Dr. Levent Küey

**E-mail:** kueyl@superonline.com

**Website:** www.wpaistanbul2016.org

■ **WPA INTERNATIONAL CONGRESS**  
**18-22 NOVEMBER 2016**  
**CAPE TOWN, SOUTH AFRICA**

*Psychiatry: Integrative Care for the Community*

The South African Society of Psychiatrists (SASOP) is co-hosting, with the World Psychiatric Association, the WPA International Congress in Cape Town from 18 to 22 November 2016. The congress will be held at the Cape Town International Convention Centre (CTICC) with the theme **Psychiatry: Integrative Care for the Community**. The congress presidents will be WPA President, Prof. Dinesh Bhugra, and the President of SASOP, Dr. Mvuyiso Talatala.



**Contact:** Bernard J van Rensburg

**Chair Local Organizing Committee WPA IC Cape Town 2016**

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# News from Member Societies

## ■ CROATIAN PSYCHIATRIC ASSOCIATION

In autumn 2014, the Croatian Psychiatric Association (CPA) organized the 6th Croatian Psychiatric Congress, which is the largest psychiatric congress in Croatia with nearly 300 participants and 27 educational sessions.

In April, the CPA organized the traditional 12th Croatian Psychiatric Days. This event has been successfully attracting colleagues of all generations and different subspecialties for the last 12 years. As always, it focused on presentation of clinical cases and offered the opportunity to talk about open questions of our everyday clinical practice. Younger colleagues were awarded for their scientific work in the last year. This year, however, more focus was given to the increase of negative psy-

chiatric image in the Croatian media, and the new law on mental health.

Psychiatric trainees and mentors estimate psychotherapy training programs as one of the most problematic parts in the official psychiatric training curricula in the majority of European countries. Thus, under the auspices of the European Union of Medical Specialists (Union Européenne des Médecins Spécialistes -UEMS), the European Psychiatric Association (EPA), Croatian Association for Clinical Psychiatry (HDKP), and the European Federation of Psychiatry Trainees (EFPT), we have organized a crash course "Psychotherapy to go!" for early career psychiatrists. The school was excellently received by all participants and teachers.

**Future perspectives:** we have recently started the CPA Guidance project, where we aim



L-R: Vlado Jukic, CPA president, and Martina Rojnic Kuzman, CPA secretary general.

to produce national guidance papers on issues of practical interest to national psychiatry.

**Vlado Jukic, President  
Martina Rojnic Kuzman,  
Secretary General  
Croatian Psychiatric Association**

## ■ BANGLADESH ASSOCIATION OF PSYCHIATRISTS

The 8th International Conference on Psychiatry, Dhaka, Bangladesh will be held on 12-13 December 2015. The theme of the conference

is "Community Mental Health - A Way-out for the People".\*

Hearty welcome!

**Md. Waziul Alam Chowdhury  
President, 8th International Conference on**

**Psychiatry (ICP) 2015  
General Secretary, Bangladesh Association  
of Psychiatrists (BAP)**

## ■ ARGENTINEAN ASSOCIATION OF PSYCHIATRISTS

23rd International Congress of Psychiatry,  
28-30 Oct 2015, Buenos Aires

We would like to have your presence at our event.

**Néstor F. Marchant (President)  
E-mail: nestormarchant@aap.org.ar  
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**HAVE YOU RECENTLY VISITED THE WPA WEBSITE?**

**→ [WWW.WPANET.ORG](http://WWW.WPANET.ORG)**

## ■ PSYCHIATRIC ASSOCIATION OF BOSNIA-HERZEGOVINA



The Ninth Symposium of Biological Psychiatry/Psychopharmacology in Bosnia and Herzegovina organized by the Association for Biological Psychiatry/Psychopharmacology in the Federation of Bosnia and Herzegovina (ABPPFBH), in collaboration with the Department of Psychiatry of the University Clinical Center Sarajevo and the Psychiatric Association of Bosnia-Herzegovina (PABH), took place in

Hotel "Garden City" near City of Konjic. Symposium entitled "Therapy Resistance in Psychiatry" was held on April 23rd and 24th 2015. Professor Abdulah Kučukalić opened the Symposium.

The two-day work of the Symposium consisted of 17 invited lectures by eminent psychiatrists and lecturers from Bosnia and Herzegovina, Serbia, Croatia and USA. This year's Symposium was successful in professional and organizational aspects, and it has been included in the list of CME psychiatric events of the first rank in Bosnia and Herzegovina, with established tradition and continuous professional and scientific contribution.



*Lecturers on the Symposium: First row from the left: Prof. Miro Jakovljević (Croatia), Prof. Saida Fišeković (B&H), Prof. Miroslava Jašović-Gašić (Serbia), and Prof. Abdulah Kučukalić (President of the Psychiatric Association of Bosnia-Herzegovina).*

**Abdulah Kučukalić, President  
Alma Džubur Kulenović and Goran Račetović, Secretaries General  
Psychiatric Association of Bosnia-Herzegovina**

## ■ INDIAN PSYCHIATRIC SOCIETY

The 68th Annual National Conference of Indian Psychiatric Society (ANCIPS2016) is being held at Bhopal, Madhya Pradesh, 21-24 January 2016. The theme of the conference is "Translational Psychiatry- Braining the Mind" – a scientific riposte to stigma against mental illness.

The sprawling state of Madhya Pradesh is quintessential India - heady mixture of her-

itage and high science! The state is home to 11 National Parks and 3 biosphere reserves. Kalidasa wrote his everlasting classics and Kipling lived here. Bhopal, called as the 'City of Lakes', is a living testimony of the syncretic culture of India. 30,000 years of history of man is written etched in stone at Bhimbetka and Great Stupa of Sanchi. It is an education hub with 3 universities, 6 medical colleges and many institutes of national importance. The conference venue, Peoples World, itself is sheer poetry in steel and con-

crete. There is much more to see and savour at Bhopal! Detailed information is available at [www.ancips2016.com](http://www.ancips2016.com)

Hearty Welcome to ANCIPS 2016 Bhopal!

**Dr. VG Watve, President  
Dr. NN Raju, General Secretary  
Dr. (Brig) MSVK Raju, Chair, Organizing Committee  
Indian Psychiatric Society**

## ■ THE ROYAL AUSTRALIAN AND NEW ZEALAND COLLEGE OF PSYCHIATRISTS

### **RANZCP Congress 2015, Brisbane, Australia**

The Royal Australian and New Zealand College of Psychiatrists (RANZCP) held its annual Congress 3-7 May 2015 in Brisbane with the theme *Measurers and Thinkers: Psychiatry as science and art*. The Congress attracted over 1300 delegates from around the world.

Twenty medical student Psychiatry Interest Forum (PIF) members attended the Con-

gress as part of the College's Student Congress Opportunity. The objectives of the program are to increase interest in psychiatry as a career amongst medical students, give the students a greater awareness of the various career paths and opportunities in psychiatry and strengthen the relationship between the College and the next generation of doctors.

Now in its third year, medical students enrolled in medical schools in the Congress host state have been given the chance to apply for complimentary Congress registration. Students apply by stating in 300 words or less why they would like to attend Congress and a panel of RANZCP Fellows then



*Malcolm Hopwood*

assess all applications. Successful applicants take part in the scientific program as well as a dedicated student program. The student program included a lunch time meeting with the incoming College President Professor Malcolm Hopwood, outgoing College President Dr Murray Patton and College Chief Executive Officer, Mr Andrew Peters, as well as sessions with Fellows and trainees throughout the week.

In addition to the student Congress program, a local PIF event was held on the Tuesday evening of Congress for Queensland PIF members with special guest speaker Professor John McGrath presenting on 'the Incredible brain'. Approximately 50 PIF members attended this free event and enjoyed networking with like-minded medical students and junior doctors following the presentation. This event was a highlight for many of the students taking part in the Congress program.

Feedback collected at the conclusion of the Congress was overwhelmingly positive with students extremely thankful to the College for this experience.

Two members of the Australian Indigenous Doctors' Association (AIDA) were also involved in the Congress after receiving the RANZCP Congress Scholarship, which is an annual collaboration between AIDA and the RANZCP. A medical student and a junior medical practitioner attended a full Congress scientific and social program, including the PIF student program. The two recipients were also invited to meet and attend part of the RANZCP's Aboriginal and Torres Strait Islander Mental Health Committee face to face meeting.

**Malcolm Hopwood, President**  
**The Royal Australian and New Zealand**  
**College of Psychiatrists**  
 president@ranzcp.org



*RANZCP Brisbane Congress: Asia Pacific Mental Health session. L-R Back Row: Dr. Michihiko Koeda, Dr. Naru Fukuchi, Dr. Francis Agnew, Prof. Malcolm Hopwood, Prof. Pichet Udomratn, Prof. Eric Chen. L-R Front Row: Prof. Samudra Kathriarachchi, Dr. Murray Patton, Prof. Helen Herrman, and Dr. Monica Hagali.*

## ■ INDIAN ASSOCIATION FOR SOCIAL PSYCHIATRY (IASP)

Preparation for WASP Congress 2016 to be held in Delhi from 30th November to 4th December 2016 are on fast track. The theme and subthemes, registration fee and registration form can be accessed from [www.wasp2016.com](http://www.wasp2016.com). The delegates can take the advantage of early bird registration. Large number of world leaders in mental health have already confirmed their participation as speakers. The organizing committee is

working towards making this Congress the most productive event. Chairperson, Organising Committee (Prof. Rakesh K Chadda, [drakeshchadda@gmail.com](mailto:drakeshchadda@gmail.com)) and Organizing Secretary (Prof. BS Chavan, [drchavansbs@gmail.com](mailto:drchavansbs@gmail.com)) can be contacted directly for any information related to the WASP 2016 Congress.

IASP also invites the delegates for the *22nd National Conference of IASP* being held in Agra-the city of the Taj Mahal from 6th to 8th November 2015. The theme for the Conference is "Caregivers - the fulcrum of

social psychiatry in India". The details can be downloaded from [www.iasp.org.in](http://www.iasp.org.in).

**Prof. SK Khandelwal**  
**President IASP**

**Prof. Rakesh K Chadda**  
**Chairperson, Organizing Committee**

**Prof. BS Chavan**  
**Secretary General IASP**

## ■ KENYA PSYCHIATRIC ASSOCIATION

The Kenya Psychiatric Association held its 7th Annual Scientific Conference from 14th to 16th of May 2015 at the Noble hotel in Eldoret, Kenya. The Conference was hosted by members from Eldoret who are mainly from Moi University Medical School and Moi Teaching and Referral Hospital, Eldoret and co-hosted by University of Nairobi - Mental Health Research and Capacity Building project. It was opened by Prof. Richard Mibei, the Vice Chancellor of Moi University, who highlighted the challenges his university faces to readmit all the stu-



*Members attending the 7th Annual Kenya Psychiatric Scientific Conference in Eldoret, Kenya.*

dents from the closed Garissa University which was closed down after a terrorist at-

tack in which 147 persons died. Among the key speakers was Dr. David Kiima, the

Director of Mental Health attached to the Ministry of Health at the national level. The keynote address was made by Prof. Haroun Mengech, one of the founding members of the Association.

The Conference themes were: Maternal Depression and Child Health outcomes; Gender-based Violence and Psychotrauma; Substance Use Disorders and HIV, and Life-Work balance. A total of 82 participants from all over the country attended.

**Muthoni Mathai**  
Secretary, Kenya Psychiatric Association

## ■ ARMENIAN PSYCHIATRIC ASSOCIATION

This month for Armenian Psychiatric Association was crowned by participation in organization of “PSYCHOSOCIAL COMPONENT: A KEY DIMENSION IN MENTAL HEALTH” Symposium on May 14, 2015 in Yerevan, Armenia. The Symposium was organized by Armenian Psychiatric Association on behalf of RA Ministry of Health, the World Association of Social Psychiatry and Sanofi’s Armenia Access to Medicines Department. It was a second stage of the sixth edition of the IMPACT Mental Health Forum, which was held from Tuesday 12th to

Wednesday 13th May 2015 with a focus on “Collecting evidence to help improve access to mental health care. Why, what, when & how to access?”.

The Symposium gathered over 130 mental health professionals: psychiatrists, psychologists and social workers from Yerevan and regions of Armenia. Seven international speakers shared their experience on raising awareness on mental health issues and providing psychosocial support to mental health patients.



**Armen Soghoyan**  
President, Armenian Psychiatric Association

## ■ FRENCH PSYCHIATRIC INFORMATION SOCIETY

**The French society of public Hospital Psychiatrists (SIP - Société d’Information psychiatrique)**

We are happy to announce the result of our 2015 elections: President-Gisèle Apter, Secretary General-Jean Oureib, and Treasurer-Pierre-François Godet. The society with its over 1000 members is happy to highlight its upcoming annual conference at the fall of 2015. Speakers will include WPA President-Elect H Herrman, Pr Yeomans from NYC

and Pr Guelfi editor of the French version of past DSM and a Personality Disorder specialist. The conference will be an opportunity for psychiatrists ranging from resident to senior emeritus Professor to network and mentor. Exchange on topics ranging from phenotype and clinical therapeutic management to translational psychiatry, from care planning to public health policies on the theme of Borderline Personality and other disorders will have the sea side magnificent city of St. Malo as its host, September 30- October 3, 2015.



**Gisèle Apter**  
President, French Psychiatric Information Society

## ■ SINGAPORE PSYCHIATRIC ASSOCIATION

As the President of Singapore Psychiatric Association and President of Silver Ribbon Singapore (SRS), I warmly welcome all of you to Singapore, the beautiful lion city where the Regional Congress of the World Federation for Mental Health will be held in October 2015. This 2-day Congress from 1 to 2 October 2015 is hosted by WFMH, Raffles College of Higher Education and SRS. There is

also a post-Congress workshop with site visits on 3 October 2015.

The theme for the Congress is “*Innovations in mental health care through holistic interventions in the Asia-Pacific Region*”. Participants will be treated to a wide range of outstanding scientific programmes. WFMH-RC-Singapore will be an excellent platform to discuss and develop the mental health programmes and

services and also for participants to network, establish new contacts and renew existing ties with your peers. May I encourage you to visit our website at [www.wfmsingapore2015](http://www.wfmsingapore2015) for more details.

**Cheng Lee**  
President, Singapore Psychiatric Association

# News from WPA Sections

WPA Secretary for Sections, Afzal Javed, afzal@afzaljaved.co.uk, afzal.javed@ntlworld.com



## ■ PSYCHIATRY, MEDICINE AND PRIMARY CARE

The Section on Psychiatry, Medicine and Primary Care has attained IRB approval to conduct a large multinational study looking at emotional quality of life issues after bladder surgery. In addition to a customized VAS assessment, the study will be using the WHO Bref QoL tool. Any WPA member interested

in participating, even if not a member of the Section, is invited to contact Prof. Baron.

The Section is also working with the Exercise, Psychiatry and Sports Section on a program to educate primary care physicians on neuropsychiatric aspect of repetitive concussion.

**David Baron**

**Chair, WPA Section on Psychiatry, Medicine and Primary Care**

## ■ HIV/AIDS PSYCHIATRY

The Academy of Psychosomatic Medicine HIV/AIDS Psychiatry Special Interest Group (SIG) became a Section of the WPA in 2012 with full Section Status and 346 members. We publish textbooks and articles and to develop presentations, curricula, and current consensus practice research.

In May 2015 at the American Academy of Psychoanalysis and Dynamic Psychiatry Annual Meeting in Toronto, we presented a symposium: Unique Psychodynamic Approaches to Trauma. Chair – Dr. Nancy Lutwak ! Recognition of Trauma Sequelae in Gay Viet Nam Veterans – Dr. Nancy Lutwak ! Psychodynamic Approaches to Survivors of Torture – Dr. Asher Aladjem ! Teaching Clinicians about of Trauma in Persons with HIV – Dr. Mary Ann Cohen ! Discussant – Dr. Cesar Alfonso.

In May 2015 at the American Psychiatric Association Annual Meeting in Toronto, we presented a Presidential Symposium: APA

and AAPDP Presidential Symposium - May 17, 2014 – Utilizing Psychodynamic Psychiatry in the Medical Setting. Chair – Dr. Michael Blumenfield, AAPDP Immediate Past President ! Discussant - Dr. Paul Summergrad, APA President ! Medical Students, Clinical Experience, and Psychodynamics – Dr. Nada Stotland ! Somatoform Disorders in Childhood and Adolescence – Dr. Clarice Kestenbaum ! Psychodynamic Approaches to Nonadherence in HIV Medical Care – Dr. Mary Ann Cohen ! How Death Can Inform Psychodynamic Treatment – Dr. Christopher Perry ! Psychodynamic Aspects of Liaison Psychiatry – Understanding Countertransference in Psychosomatic Medicine – Dr. Cesar Alfonso.

We have published the **Comprehensive Textbook of AIDS Psychiatry** and the **Handbook of AIDS Psychiatry**. Our Section continues to provide a quarterly updated Annotated HIV Psychiatry Bibliography developed by members, Drs. Oliver Freudenreich and Maria Ferrara and others.



We invite you to explore our web page at: <http://apm.org/sigs/oap/>

We welcome new members. Joining our Section is now easier than ever. To join our Section, SIG, and listserv at: <http://www.apm.org/sigs/oap/signup.shtml>

**Mary Ann Cohen, Chair**  
**Jordi Blanch, Secretary**  
**WPA Section on HIV/AIDS Psychiatry**

## ■ PSYCHIATRY OF INTELLECTUAL DISABILITY

A considerable number of evidences has been produced over the last years to inform our understanding of how individual cognitive, emotional, behavioural, and relational characteristics emerge and change across the development of the brain and how they

can be altered and manifest as mental health conditions or mental health problems. In the field of intellectual developmental disorders and autism spectrum disorders, this neurodevelopmental perspective is currently the most suitable and valued conceptual frame-

work to explain relations across systems and to support the last decades' need of researchers and practitioners for multi-level, interdisciplinary approaches in the production of etiological insight of mental health problems as well as when and how to intervene.

The integration of different approaches in the neurodevelopmental perspective is the title and the red line of the 10th International Congress of the European Association for Mental Health in Intellectual Disability, organized in collaboration with CREA (Clinical and Research Centre) of Fondazione San Sebastiano, Fondazione ODA (Opera Diocesana d'Assistenza), Misericordia di Firenze, the WPA Section on Psychiatry of Intellectual Disability, NADD (National Association for Dual Diagnosis), and ARFIE (Association for Research and Training on Integration in Europe).

The congress, which will be held in Florence, Italy on September 9-11, 2015, received the sponsorship of the World Psychiatric Association (WPA), the Italian Society of Psychiatry (SIP, WPA member), the Italian Society for Neurodevelopmental Disorders (SIDiN), The Italian Society of Child and Adolescent Neuropsychiatry (SINPIA).



Together we will create a place for reflection to exchange research, experiences and good practice. We will also bring new perspectives and support networking in the field of mental health and intellectual disability.

For all plenary sessions and many workshops and symposia simultaneous translation from English into French and Italian will be provided.

Marco Bertelli, President, Stefano Lassi, Vice-president, and the other members of the Board of Directors of the EAMH-ID invite all researchers and professionals working in the field of mental health for people with intellectual disability, autism spectrum disorders, and other neurodevelopmental disorders to actively participate in the congress. The congress will offer precourses, plenary lectures, meet the expert, symposia, workshops, poster and poster data blitz.

All information on the event are available at the following website: <http://www.mhid.org>.

**Marco Bertelli**  
**Past Chair, WPA Section on Psychiatry of Intellectual Disability**

## ■ ART AND PSYCHIATRY

I am writing to share with you the good news of a new publication by the WPA Section on Art and Psychiatry, a collective volume published by Routledge and edited by Hans-Otto Thomashoff and myself.

This interdisciplinary volume brings together contributions from psychoanalysts, psychotherapists, psychiatrists and scholars in the

humanities and social sciences to explore representations of the body. The chapters analyze the social constructs of the "ideal" or "normative" body in terms of beauty, gender, sexuality, race/ethnicity, class and disability, and trace the mechanisms which define the role of physical appearance in the formation of identity and the assumption of social roles. More information is available under:

[www.routledge.com/9780415742917](http://www.routledge.com/9780415742917)

**Ekaterina Sukhanova**  
**Co-chair, WPA Section on Art and Psychiatry**

## MATTERS FOR WPA NEWS

Please send all matter for publication in the WPA News to Prof. Roy Abraham Kallivayalil, Secretary General, [wpasecretariat@wpanet.org](mailto:wpasecretariat@wpanet.org).

A copy may be marked to [roykalli@gmail.com](mailto:roykalli@gmail.com)

# WPA PUBLICATIONS

WPA Secretary for Publications, Michelle B. Riba, [mriba@umich.edu](mailto:mriba@umich.edu)



## ■ WPA PUBLICATIONS: BOOKS AND JOURNALS

We are very pleased to announce the new members of the WPA Operational Committee on Scientific Publications, as appointed by President Dinesh Bhugra. For this triennium, the new members are:

- . Michelle Riba, M.D. M.S., United States (Chair)
- . Dusica Lecic Tosevski, M.D. Ph.D., Serbia (Co-chair)
- . Prabha S. Chandra, M.D., India (Member)
- . Reinhard Heun, M.D. Ph.D., United Kingdom (Member)
- . Christopher Szabo, M.D., South Africa (Member)
- . Alfredo Cia, M.D., Argentina (Consultant)
- . Peter J. Tyrer, M.D., England (Consultant)
- . Joao Mauricio Castaldelli-Maia, M.D., Brazil (Early Career Psychiatrist-Observer)

This is a highly experienced and dedicated group of individuals, representing many areas of the world. In addition, they bring a divergent group of publications experiences that will help the WPA and our members with future publications ideas and opportunities. We are working on organizing our first meeting and will keep you abreast of developments.

Many members of the WPA are interested in seeing their work published. There are many ways to do that including but not limited to submitting to a peer-reviewed print journal;

submitting to online journals; working with a publisher on getting a book published; self-publishing; working within a WPA section or component and publishing within an official WPA newsletter. If members are seeking to publish a book or monograph and would like to request the WPA logo on their work, please contact me or the WPA secretariat and we will forward you the necessary paperwork and help you with the process.

### Publications produced by WPA members

Thanks to our Secretary General, Professor Roy Abraham Kallivayalil, we have now put all the information about publications produced by WPA members on the WPA website. We have done this to make it easier for members to look up and review previous publications, as well as to save some space in the WPA newsletter. We will also try to keep the website up to date with new or recent publications so that you can order or review these as well.

World Psychiatry, editor in chief Mario Maj, M.D., continues to be an outstanding and important journal throughout the world, with a very high impact factor, and with translations in multiple languages. We remain very appreciative and indebted to Professor Maj for his dedication and skill with bringing such a high quality journal under the umbrella of WPA and for its

distribution to WPA members.

### Presidential Task Forces

President Dinesh Bhugra has set up Presidential Task Forces on the following:

1. Domestic gender based interpersonal violence
2. Child sexual physical and emotional abuse
3. Migration/Asylum seekers/Refugee mental health
4. Mental health of LGBT individuals
5. Mental health of persons with intellectual disability
6. Mental health promotion activities are being developed by 10 sections of the WPA

Over this triennium, we hope to see work and publications developed around these themes and as products of these Task Forces.

As always, we welcome the opportunity to help our WPA members with opportunities for publications and look forward to continued work in this area.

With best wishes,

**Michelle Riba, M.D. M.S.**  
**WPA Secretary for Scientific Publications**

## ■ WORLD PSYCHIATRY

I am happy to inform you that the new impact factor of World Psychiatry is 14.225 (it was 12.846 last year). World Psychiatry ranks now No. 3 among Psychiatric Journals.

Thank you for your continuing help and support.

**Prof Mario Maj**

# News from Zonal Representatives

## ■ ZONE 12 (MIDDLE EAST)

**13th Pan Arab Psychiatric Conference  
'Arab Psychiatrists: Here and Abroad'  
27-29 November 2014, Monroe Hotel,  
Beirut, Lebanon**

The Lebanese Psychiatric Society in collaboration with the Pan Arab Federation of Psychiatry organized the 13th Pan Arab Psychiatric Conference in Beirut-Lebanon from the 27th of November to the 29th of November 2014. The theme selected for the congress was: 'Arab Psychiatrists: Here and Abroad': Arab psychiatrists from all around



the world shared their research and reflections on their clinical experience. The Mission of PAPC2014 was to deliver a rich, advanced and informative scientific program

with world renowned faculty; to create a knowledge-based environment where delegates from across all areas of the Mental Health field can benefit from each other's research, skills, and experience as a way to promote prevention, treatment and recovery; and to help highlight the severity of mental health challenges that are facing us in a context of political upheavals.

**The 11th International Conference  
on Psychiatry "Translational Psychiatry;  
From Science to Practice"  
16-18 April 2015, Intercontinental Hotel,  
Jeddah, Kingdom of Saudi Arabia**

The conference was attended by more than 2100 mental health workers, from Saudi Arabia and other countries around the world.

The Workshops organized were 42 and the number of lectures was 67.

This year's conference had rich participation of distinguished speakers, who tackled various interesting topics related to the theme of the conference.



**11th Annual Congress of Psychiatric  
Hospital of the Cross  
17-18 April 2015, Beirut, Lebanon**

The annual psychiatric congress was on "Psychotic transition", and there were many general topics, specific topics on clinical aspects of this disease, prevention of psychotic

transition, specific population and treatment (pharmacological, psychotherapies, psychomotor and social).

The audience was around 450 persons and the global impression for this 11th congress was great.



**Walid Sarhan**

**WPA Zonal Representative for Zone 12 (Middle East)**

### Swiss Foundation Award:

The Swiss Foundation for World Health has established this Award for "Outstanding achievement in the field of mental health care". From 2008, five of these Awards have been given. Please read the article "Recognising efforts to improve mental

health care" to know about the excellent work of the awardees and possibly to emulate it at our website [www.wpanet.org](http://www.wpanet.org)

**Norman Sartorius MD, PhD**



## ■ WPA ZONE 10 (EASTERN EUROPE)

### Russian Society of Psychiatrists (RSP) Educational Program “The 12th Suzdal School for Young Psychiatrists”

The traditional RSP Educational Program “The School for Young Psychiatrists” regularly takes place in Suzdal (Russia) since 1979. The 12th School, organized by the RSP,



*School participants.*

was held under the aegis of the WPA, and brought together a large number of young psychiatrists (about 250) from Russia, Armenia, Belarus, Moldova, Kazakhstan, and Kyrgyzstan in the old city of Suzdal during the last week of April 2015.

The meeting was opened by Prof. Petr Morozov, WPA Zonal Representative for Zone 10, who welcomed the participants, faculty from Russia, France, Pakistan and UK and senior staff from WPA, WAPR and ECNP.

The School included lectures, seminars, round-table discussions, clinical cases, workshops, poster sessions and satellite symposia. Twenty-five best research papers-winners (of 122) were selected in the competition during the pre-school period of time and published in the proceedings. Participants had a large social and cultural program also. An evaluation form to assess the outcome of this meeting was used: a long form (around 40 questions), divided into two parts - the organizational and scientific: each position of the program was to be evaluated by participants on a five-item score system.

The next 13th School in Suzdal is planned to be organized with a wide participation of young psychiatrists from WPA Zone 10 countries and will take place in the last week of April in 2017.

### MENTAL HEALTH CONDITIONS OF THE POPULATION AND TENDENCIES OF DEVELOPMENT OF MENTAL HEALTH CARE IN POST-SOVIET COUNTRIES

Article under this title appeared in the Gannushkin Journal (Russia) and in Psychiatric Diary in the beginning of 2015. It shows the results of the collective research, conducted under the auspices of the WPA. The authors are all Presidents of National societies of the WPA Zone 10. In this paper the main mental health parameters (incidence, prevalence, disability etc.) of the populations of Armenia, Azerbaijan,

Belarus, Russia, Ukraine, Moldova, Georgia, Kyrgyzstan, Kazakhstan and Uzbekistan are presented. The main structural peculiarities of psychiatric services and their staff provision in these countries are described. It is pointed out that a general tendency for development of these services is formation of the community based mental health care which is based on community services for patients in their usual social environment. Such a development presumes on the one hand a maximal usage of out-patient services in a step-by-step decreasing of potential of the in-patient level and, on the other hand an active implementation of the biopsychosocial

model and its obligate components in the form of psychosocial therapy and rehabilitation. For all the services presented in the article tasks are set to modernize mental health care politics and legislation in order to improve care for patients with mental and behavioral disorders and to prevent this pathology in the population. It is planned to present this article at the WPA Congress in Bucharest.

### A short summary of the WPA Zone 10 representative's activities from September 2014 till May 2015

October 2014, ECNP Congress, Berlin:  
4th Session of the EEE (Educational Eastern European) WPA-Servier Academy (12

young psychiatrists from Russia, Ukraine, Belarus, Kazakhstan, Armenia, Georgia and Azerbaijan) regularly prepare peer-reviews on the most actual topic for psychiatric journals of WPA Zone 10 (a daily meetings).

Since October 2014, Moscow-every two weeks: regular meetings of the Organizing Committee of the 12th Suzdal School for Young Psychiatrists of the WPA Zone 10 (I'm Chief of the O.C.)  
November 2014-preparation (+agreements!) of publication of the WPA Zone

10 Study *"MENTAL HEALTH CONDITIONS OF THE POPULATION AND TENDENCIES OF DEVELOPMENT OF MENTAL HEALTH CARE IN POST-SOVIET COUNTRIES"* (in Russian). Authors-all Presidents of the National Societies of the WPA Zone 10

- . December 2014-Publications of this WPA Study in Gannushkin Journal 6/2014 and in Psychiatric Diary 4/2014 (in Russian), translation a Russian text of the Study in to English, submission a paper to the WPA International Congress in Bucharest and to the "Asian Journal of Psychiatry".
- . January 2015-Preparation of questionnaire for WPA zone 10 Study on Education of Psychiatry in Eastern Europe, distribution of draft, collection of comments etc.
- . February-distribution of final draft, start of data collection.
- . Collection and editing of peer-reviews from members of the EEE WPA-Servier Academy; March-distribution of the final versions among the Presidents of the Na-

tional Societies for further publications in the local journals.

- . March 2015-participation in the work of EPA Council in Vienna (as a non-voting member-representative of the one of the WPA European Zone).
- . April 19-24, 12th Suzdal School for Young Psychiatrists (WPA co-sponsorship) with a Symposium of the EEE WPA-Servier Academy. Report for WPA media channels submitted.
- . End of translation into Russian 2 issues of the "World Psychiatry", submission to the official WPA website.
- . May 2015-preparation of first draft of collective paper *"Training of psychiatrists in the countries of the WPA zone 10 (Eastern Europe)"*, authors-all Presidents of the National Societies of the WPA Zone 10, submission of the abstract of this paper to the WPA International Congress in Taiwan, as well as an abstract of my paper "Russian psychiatry – *the Ways of development*"
- . May 2015, Tashkent -participation (with a

paper at the plenary session) in the work of the first Congress of Psychiatrists of Uzbekistan, visit to mental health center in Samarkand, presenting a lecture.

- . Start of the preparation to the 5th Meeting of the President of WPA National Societies (Eastern Europe)-Kazan, Russia, 23-26 of September, RSP Congress
- . *Permanently*-translation into English "Russian psychiatric texts" (27 classical papers) for the WPA Anthology Series (a long-term work!).
- . Publications of papers from Eastern Europe in Gannushkin Journal, when a special section established: "WPA ZONE 10".

**Petr Morozov**

**WPA Zonal Representative for Zone 10 (Eastern Europe)**

## ■ WPA ZONE 1 (CANADA)

The Annual Meeting of the Canadian Psychiatric Association will be held at Vancouver BC, on October 1-3, 2015. All details can be found at [www.cpa-apc.org](http://www.cpa-apc.org).

**Donna Stewart**

**WPA Zonal Representative for Zone 1 (Canada)**

## ■ WPA ZONE 5 (SOUTHERN SOUTH AMERICA)

Between April 22-25, 2015, was celebrated in Mar del Plata, Argentina, the **XXX Annual Congress of APSA (Argentinean Psychiatrists Association)**, with the co-sponsorship of WPA. In this occasion, assisted to the event 5,500 mental health professionals, the largest amount of participants in APSA 30 years of history. The **President of WPA, Prof. Dinesh Bhugra**, was specially invited, and dictated a **Main Conference about: "Social Justice, human rights and mentally ill"**, before the Opening Session of the Congress.

Prof. Bhugra also opened during the Congress, on Friday 24, the **WPA Zone 5 Regional Meeting about: Behavioral addictions as Emergent Pathologies**, organized by the **Zonal Representative Dr. Alfredo Cía** and his team. During seven hours 200 participants and 14 panelists from 6 National Societies of the Region shared their knowledge about these topics, including clinics and treatment of cyber-addictions, gambling disorders, compulsive shopping, sex and work addictions, and skin picking. There was a final forum to discuss the growing importance of these themes in the XXI century all over the world.

**Alfredo Cía**

**WPA Zonal Representative for Zone 5 (Southern South America)**



*Opening ceremony of the APSA XXX Congress 2015. Seen in the picture are Analía Ravenna (APSA President), Dinesh Bhugra (WPA President), Dario Romero Clusellas (President of XXX APSA Congress), Rodrigo Córdoba (APAL President), and Maria Grosso (Mental Health Secretary).*

## ■ WPA ZONE 9 (CENTRAL EUROPE)

Macedonian Conference on Child and Adolescent Psychiatry titled "Developmental Psychopathology: Challenges and Opportunities" - Ohrid, 16-18 October 2014

The First Macedonian Conference on Child and Adolescent Psychiatry titled "Developmental Psychopathology: Challenges and Opportunities" took place in Ohrid, Republic of Macedonia, from 16-18 October 2014. The Conference was organized by the Psychiatric Association of Macedonia and supported by participation of professionals, eminent child and adolescent psychiatrists and researchers from the EU and the region (Italy, Bulgaria, Serbia, Turkey...). More than 130 child and adolescent psychiatrists, adult psychiatrists, clinical psychologists, social workers, special educators, and allied professionals took part at the Conference.

Taking into consideration that 5% of all children are in need of mental health services, more than half of all mental health disorders start in childhood by the age of 14, and 75% by the age of 24, the most important period for prevention and early intervention is childhood and adolescence. Thus recognizing the importance of preventing mental health of children and adolescents in Macedonia (and in the region), stakeholders should consider putting it high, as a priority on the political agenda.

It was pointed out that there is a need for specialized care in child and adolescent psychiatry, since there is lack of child and adolescent psychiatrists, community based mental health services, residential and treatment centers for this population. It is recommended that priority in the upcoming period should be development of curricula for specialization for child and adolescent psychiatry, and establishment of better collaboration with neurologists, pediatricians, psychologists, special educators, and vice versa, paying more attention to child and adolescent men-



*L to R: Prof. Marija Raleva (Chair of Congress Scientific Committee), Prof. Dimitar Bonevski (President-Psychiatric Association of Macedonia), Dr. Mira Polazarevska (member-Congress Scientific Committee), and Prof. Antoni Novotni (Chair-Congress Organizing Committee).*

tal health in the pediatric curricula. Of crucial importance is implementation of the advocacy actions, support and collaboration with groups of patients and parents in developing policies, and establishment of national policy, action plan and appropriate legislation.

**Stojan Bajraktarov**  
WPA Zonal Representative for Zone 9  
(Central Europe)

## ■ WPA ZONE 11 (NORTHERN AFRICA)

### Report

WPA member associations in Africa within the three WPA African Zones - Zone 11, 13 and 14 will organize a scientific symposium titled *Primary Care Mental Health in AFRICA* at Bucharest on June 24-28, 2015 to discuss the integration of primary care in mental health services in African countries.

Bernard Rensburg (President-Elect SASOP) and Ahmed Okasha (President-Egyptian Psychiatric Association) suggested Pan African Psychiatric Association hoping to activate member societies in Africa which is currently having a modest impact.

Regarding the human tragedy unfolding in the Mediterranean in North Africa, Nigeria and Arab countries, we have planned to convene trans-Zonal activities with Middle East Zone 12, represented by Walid Sarhan. We

have worked with the psychiatrists in the Ministry of Health and Army Forces to set clinical guidelines for management of emergency situations of post-traumatic stress, violence and suicide.

**Nahla Nagy**  
WPA Zonal Representative for Zone 11  
(Northern Africa)

## ■ WPA ZONE 16 (SOUTHERN ASIA)

### Report

Zone 16 has the following 11 Member Societies: Bangladesh Association of Psychiatrists, Indian Association for Social Psychiatry, Indian Psychiatric Society, Indonesian Psychiatric Association, Malaysian Psychiatric Association, Myanmar Medico-Psychological Society, Psychiatrists' Association of Nepal,

Philippine Psychiatric Association, Singapore Psychiatric Association, Sri Lanka College of Psychiatrists, and Psychiatric Association of Thailand. It is the largest Zone in Region 4 of the WPA. All the member societies are active and are holding their annual conferences regularly. We are making efforts to organize a new member society in Bhutan as well. The tragedy that struck Nepal in the form of a devastating earthquake killing thousands of innocent people has been a big blow. The member societies in the region and the international community have rallied for disaster

relief in Nepal. But a lot more needs to be done.

The biggest event to take place in the Zone is the forthcoming WPA Regional Congress, Kochi, India, September 25-27, 2015. We are making all efforts to make this an outstanding success.

**TV Asokan**  
WPA Zonal Representative for Zone 16  
(Southern Asia)

## ■ WPA ZONE 2 (UNITED STATES OF AMERICA)

Over 10,000 psychiatrists, psychiatrists-in-training, physicians, non-physicians, and medical students attended the 168th Annual Meeting of the American Psychiatric Association (APA) in Toronto, Canada, held May 16-20, 2015.

APA welcomed over 3,700 international attendees from outside the United States with over 130 presenters from over 20 countries presenting their research during a special International Poster session. A total of 282



new APA International Fellows were recognized and honored for their service during a special ceremony with the Director of the US National Institute on Drug Abuse, Dr. Nora D. Volkow, delivering the ceremony lecture.

The APA also unveiled its new brand at the Annual Meeting signifying the leadership

role of the modern psychiatrist as a physician of mind, brain and body. Additionally the new president of APA, Prof. Renee Binder, began her one-year term at the conclusion of the meeting.

Be sure to save the dates to join the APA for the 169th Annual Meeting, May 14-18, 2016, Atlanta, Georgia. Website is [www.psychiatry.org](http://www.psychiatry.org).

**Edmond Hsin-tung Pi**  
**WPA Zonal Representative for Zone 2**  
**(United States of America)**  
[ehpi@usc.edu](mailto:ehpi@usc.edu)

## ■ WPA ZONE 7 (NORTHERN EUROPE)

**The 31st Nordic Congress of Psychiatry in Copenhagen 2015**

*Theme: 'Psychiatry works'*

The congress will be hosted by the Danish Psychiatric Association (DPA) in collaboration with the Joint Committee of the Nordic

Psychiatric Associations at Tivoli Congress Center, located centrally near the historic city, the Latin Quarter and of course: Tivoli Garden. Dates: September 20-23, 2015.

The DPA has been working hard on putting together a scientific programme that will present Nordic psychiatric research and clinical practice when it is at its best. The programme will combine state of the art lectures, practice based symposia and presentations of new research.

The congress will have focus on general psychiatry with tracks including also child and adolescent psychiatry, forensic psychiatry and a track facilitating early career networking.

**Jyrki Korkeila**  
**WPA Zonal Representative for Zone 7**  
**(Northern Europe)**

## News from Affiliated Associations

## ■ SOCIETY OF PREVENTIVE PSYCHIATRY

**Congress on Preventive Psychiatry, Athens, November 12-15, 2015**



*George Christodoulou*

This Congress on Preventive Psychiatry and Psychiatry in Eastern Europe, co-sponsored by WPA, will be held in Athens at Aegli Congress

site. The congress is now open for submission of Abstracts ([www.preventive-psychiatry2015.com](http://www.preventive-psychiatry2015.com)). The main topics of the congress will be: Psychiatric Prevention, Mental Health Promotion, Psychiatry in Eastern Europe and Mental Health Reform in a period of crisis.

We look forward to your participation and contribution.

**George Christodoulou**  
**President, Society of Preventive Psychiatry & Honorary Fellow, WPA**  
[profchristodoulou@gmail.com](mailto:profchristodoulou@gmail.com)



## ■ PORTUGUESE ASSOCIATION OF DUAL PATHOLOGY

### II IBERO BRAZILIAN AND V INTERNATIONAL CONGRESS OF DUAL PATHOLOGY AND ADDICTIVE DISORDERS

#### DUAL PATHOLOGY: TO INTEGRATE ADDICTIONS IN MENTAL HEALTH Coimbra, Portugal, 5th to 7th March 2015

The Portuguese Association of Dual Pathology (APPD), the Spanish Society of Dual Pathology, the Brazilian Psychiatric Association, and the Dual Pathology Unit from Centro Hospitalar Universitário de Coimbra (CHUC), organized the **II Ibero Brazilian and V International Congress of Dual Pathology and Addictive Disorders**, from 5th to 7th March 2015, in Coimbra, Portugal.

During three days, 400 participants from Portugal, Spain, Brazil, Italy, Mozambique and Guinea, discussed the neurobiology, diagnosis, treatment, recovery and services organization to treat dual and addictive patients. The first symposium discussed the stigma that these patients suffer, and in the first evening we had a public forum debate on the theme **Addicted**

**and Dual Patient: to live with stigma**. In this forum we saw the film **This is my home**, realized by Pedro Renca, and we had the journalist Cecilia Carmo to moderate the debate, with the presence of Dr. Álvaro de Carvalho, Director of the Portuguese Mental Health Program, Dr. António Reis Marques, Director of Psychiatric Service of Centro Hospitalar Universitário de Coimbra, Dr. António Pissarra, psychiatrist



*Forum debate on the theme 'Addicted and Dual Patient: to live with stigma'.*

from Psychiatric and Mental Health Department from Local Health Unit of Guarda, Prof. Luis Loureiro, expert in stigma, and Dr. António Melanda, from Dual and Addictive Patients and Families Association. It has been the public presentation of the **Portuguese Association of Addictive and Dual Patients**.

We had symposiums about Psychosis, Affective Disorders, Anxiety Disorders, Personality Disorders, Attention Deficit and Hyperactivity Disorder, Sexual Disorders, Violence and Legal Problems, Social Exclusion, Pharmacologic Therapeutic and Neurobiology of Dual and Addictive Patients. We had a symposium of the Addictive and Dual problems in countries of Portuguese language (Mozambique, Brazil and Guinea). During the congress we had an exposition of objects used by addicted patients and bibliography of these themes. We had sessions of clinical cases discussion, oral communications and posters. At last we discussed the public services organization to treat these patients.

The general opinion was that it has been a very good scientific event, with very interesting discussions.

**President of the congress: Célia Franco, APPD, Portugal**

**Vice presidents of the congress: Néstor Szerman, SEPD, Spain, and António Geraldo, ABP, Brazil**

## ■ INTERNATIONAL ASSOCIATION OF ETHNOPSICHOLOGISTS AND ETHNOPSICHOETHERAPISTS

The international educational courses "Modern Problems of the Neurobiology and Psychopharmacology of Addiction" took place in Tomsk on May 18-19, 2015 and in Novosibirsk on May 21-22, 2015. Courses have been organized under the auspices of Collegium Internationale Neuro-Psychopharmacologicum (CINP) in cooperation with institutions of Federal Agency for Scientific Organisations of Russia on the initiative of Mental Health Research Institute. Leading domestic and foreign experts working in the field of neurobiology,

neuropsychopharmacology, psychiatry and narcology took part and gave lectures during courses in Tomsk

The international educational courses under the auspices of CINP take place in Russia (namely in Siberia) for the third time. Expression of the collective mind of participants of the series of educational courses is the opinion on relevance and need of regular carrying out similar actions for the region of Siberia.

**Nikolai Bokhan**

**Svetlana Ivanova**

**Svetlana Vladimirova**

**International Association of Ethnopsychologists and Ethnopsychotherapists**



*A group of the organizers and participants of the international educational courses in Tomsk, Russia.*

## INTERNATIONAL SOCIETY FOR THE PSYCHOLOGICAL AND SOCIAL APPROACHES TO PSYCHOSIS

The International Society held its Biennial Meeting in New York City in March 2015. It was attended by some 750 persons and 300 people made submissions. The theme of the conference was 'From DNA to Neighborhood: Relationship and Experience in Psychosis – An International Dialogue' and the

principal organisers were Brian Koehler and Julie Kipp. The conference was very successful in allowing for exchanges between participants knowledgeable in the giant jigsaw of understandings necessary in the complex field of psychosis. Up-to-date evidence was presented on the psychological therapies of psychosis which is the main focus of ISPS.

Our next (20th) International Congress will be held in Liverpool, UK - 30th August to 3rd September, 2017. More details about the ISPS, an affiliated association of the WPA,



can be found at [www.isps.org](http://www.isps.org) or by contacting our International Organiser, Antonia Svensson [isps@isps.org](mailto:isps@isps.org).

## EUROPEAN FEDERATION OF PSYCHIATRIC TRAINEES

The Scientific Programme of the EFPT Porto Forum 2015 will focus on the topic of Global Mental Health. We have received abstracts from colleagues across the world. Visit the website of the EFPT Porto Forum 2015 for more information [efptporto2015.wordpress.com](http://efptporto2015.wordpress.com). This is a WPA co-sponsored event. Looking forward to meet you in Porto!



**Mariana Pinto da Costa**  
President, European Federation of Psychiatric Trainees  
[mariana.pintodacosta@gmail.com](mailto:mariana.pintodacosta@gmail.com)

## Future WPA Scientific Meetings

### June 2015

22-27 June 2015: EFPT Porto Forum 2015 "Global Mental Health", Porto, Portugal. Organizer: European Federation of Psychiatric Trainees (EFPT). Contact: Mariana Pinto da Costa. E-mail: [mariana.pintodacosta@gmail.com](mailto:mariana.pintodacosta@gmail.com) Website: <https://efptporto2015.wordpress.com/>

24-27 June 2015: WPA 2015 Bucharest International Congress "Primary Care Mental Health: Innovation and Transdisciplinarity", Bucharest, Romania. Organizer: Romanian Association of Psychiatry and Psychotherapy. Contacts: a) Prof. Aurel Nireştean b) Prof. Eliot Sorel. E-mail: [registration@wpa2015bucharest.org](mailto:registration@wpa2015bucharest.org) Website: [www.wpa2015bucharest.org](http://www.wpa2015bucharest.org)

### September 2015

17-18 September 2015: "1st Roman Forum on Suicide", Rome, Italy. Organizers: a) EPA Section of Suicidology and Suicide Prevention (Prof. Marco Sarchiapone) b) WPA Section on Suicidology (Dr. Vladimir Carli). Contact: Dr. Vladimir Carli, National Centre for Suicide Research and Prevention of Mental Ill-Health (NASP), Karolinska Institutet, 17177 Stockholm, Sweden. E-mail: [vladimir.carli@ki.se](mailto:vladimir.carli@ki.se)

20-23 September 2015: 31st Nordic Congress of Psychiatry "Psychiatry works: psychiatric treatment and research from a Nordic perspective", Copenhagen, Denmark. Organizer: Danish Psychiatric Association. Collaboration: Joint Committee for the Nordic Psychiatric Associations. Contact: Dr. Thomas Middelboe. E-mail: [thomas.middelboe@regionh.dk](mailto:thomas.middelboe@regionh.dk) Website: <http://ncp2015.dk/>

24-26 September 2015: 5th European Conference on Schizophrenia Research “Bridging Gaps - Improving Outcomes”, Berlin, Germany. Organizer: European Scientific Association on Schizophrenia and other Psychoses (ESAS). Contact: Dr. Viktoria Toeller. E-mail: viktorija.toeller@esasnet.eu Website: www.schizophrenianet.eu

**25-27 September 2015: WPA Regional Congress “Mind Body and Culture”, Kochi, India. Organizer: Indian Psychiatric Society. Contact: Dr. Kuruvilla Thomas. E-mails: a) drkuruvillathomas@gmail.com b) wparegionalcongresskochi@gmail.com Website: www.wpakochi2015.com**

### October 2015

14-16 October 2015: 10th International Congress of the International Neuropsychiatric Association “Neuropsychiatry”, Jerusalem, Israel. Organizer: International Neuropsychiatric Association. Contact: Prof. Robert H. Belmaker. Secretariat: Nina Wilson. E-mail: ina2015@target-conferences.com Website: www.ina2015.com

16-19 October 2015: “The 20th World Congress of the World Federation for Mental Health”, City Stars Convention Center, Cairo, Egypt. Organizer: Egyptian Society for the Rights of People with Mental Illness. Contact: Dr Nasser Loza. E-mail: n.loza@behman.com Website: www.wfmh2015.com

21-24 October 2015: “The 16th Czech-Slovak Psychiatric Meeting”, Brno, Czech Republic. Organizer: Czech Psychiatric Association. Collaboration: Slovak Psychiatric Association. Contacts: a) Tomas Kasperek, M.D. (president) b) Martin Holly, M. D. (vice-president). E-mail: csps2015@guarant.cz Website: www.csps2015.cz

23-24 October 2015: XIV Psychiatric Days of Bosnia and Herzegovina “Current Topics from Child and Adolescent Psychiatry and Women’s Mental Health”, Sarajevo, Bosnia and Herzegovina. Organizer: Psychiatric Association of Bosnia-Herzegovina. Collaboration: Department of Psychiatry, University Clinical Center Sarajevo, under the patronage of the European Psychiatric Association. Contacts: a) Prof. Abdulah Kučukalić, MD, PhD (adokucukalic@hotmail.com) b) Dr. Goran Račetović, MD (gracetovic@yahoo.com) Website: www.upubih.com/en/

29-31 October 2015: 17th International Conference on Philosophy, Psychiatry and Psychology “Why do humans become mentally ill? Anthropological, biological and cultural vulnerabilities of mental illness”, Frutillar, Chile. Organizers: 1) Centro de Estudios de Fenomenología y Psiquiatría, Universidad Diego Portales, Chile 2) International Network for Philosophy and Psychiatry. Collaboration: 1) WPA Section on Philosophy and Humanities in Psychiatry 2) Royal College of Psychiatrists RCPsych / Philosophy

### November 2015

1-4 November 2015: “12th World Congress of World Association for Psychosocial Rehabilitation”, Seoul, Korea. Organizers: 1) World Association for Psychosocial Rehabilitation (WAPR) 2) Korean Association for Psychosocial Rehabilitation (KAPR). Contacts: a) Dr. Afzal Javed (afzal.javed@ntlworld.com) b) Prof. Tae-Yeon Hwang (ilymh@gmail.com) Website: www.wapr.info

12-15 November 2015: 3rd Congress of Preventive Psychiatry and 4th Psychiatric Congress of Eastern Europe “Preventive Psychiatry & Psychiatry in Eastern Europe”, Aegli Zappeiou, Athens, Greece. Organizer: Society of Preventive Psychiatry. Collaboration: 1) Psychiatric Association for Eastern Europe and the Balkans (PAEEB) 2) Hellenic Psychiatric Association. Contact: Prof. George N. Christodoulou. E-mails: a) profgchristodoulou@gmail.com b) psych@psych.gr Website: www.preventive-psychiatry2015.com

**18-22 November 2015: WPA International Congress “Bridging Asia to the World – A New Era for Psychiatric Treatment”, Taipei, Taiwan. Organizer: Taiwanese Society of Psychiatry. Contact: Frank Huang-Chih Chou. E-mail: secretariat@wpaic2015.tw Website: www.wpaic2015.tw**

### July 2016

**6-10 July 2016: WPA International Congress “Integrating clinical, community, and public health in psychiatry”, Istanbul, Turkey. Organizers: 1) Psychiatric Association of Turkey 2) Turkish Neuropsychiatric Society. Contact: Dr. Levent Küey. E-mail: kueyl@superonline.com Website: www.wpaistanbul2016.org**

### November 2016

**18-22 November 2016: WPA International Congress “Psychiatry: Integrative Care for the Community”, Cape Town, South Africa. Organizer: South African Society of Psychiatrists. Contact: Prof. Bernard van Rensburg. E-mails: a) bernard.sasop@mweb.co.za b) charlene@soafrica.com Website: www.wpacapetown2016.org.za**

### October 2017

**8-12 October 2017: WPA World Congress of Psychiatry “Psychiatry of the 21st Century: Context, Controversies and Commitment”, Berlin, Germany. Organizer: German Association for Psychiatry, Psychotherapy and Psychosomatics. Contact: Prof. Peter Falkai. E-mail: wpa2017@cpo-hanser.de Website: www.wpaberlin2017.com**

# WPA NEWS

Official Quarterly News Bulletin of WPA



WORLD PSYCHIATRIC ASSOCIATION  
الجمعية العالمية للطب النفسي  
世界精神病学协会  
ASSOCIATION MONDIALE DE PSYCHIATRIE  
WELTVERBAND FÜR PSYCHIATRIE  
ASSOCIAÇÃO MUNDIAL DE PSIQUIATRIA  
ВСЕМИРНАЯ ПСИХИАТРИЧЕСКАЯ АССОЦИАЦИЯ  
ASOCIACIÓN MUNDIAL DE PSIQUIATRÍA

JUNE 2015

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### Z11 Northern Africa:

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### Z12 Middle East:

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### Z14 Eastern and Southern Africa:

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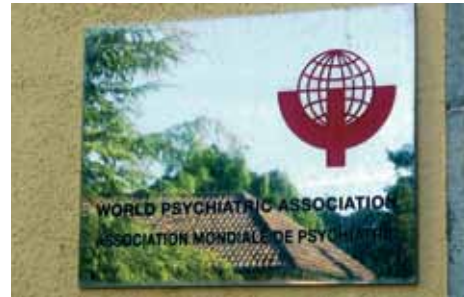
\*\*ECP (Early Career Psychiatrist)

## The World Psychiatric Association (WPA)

The WPA is an association of national psychiatric societies, presently 138, spanning 118 different countries and representing more than 200,000 psychiatrists.

The WPA organizes the World Congress of Psychiatry, International and Regional Congresses, and Thematic Conferences. With its 69 scientific sections, it promotes collaborative work in specific domains of psychiatry. It has developed ethical guidelines for psychiatric practice, including the Madrid Declaration.

Its website is currently visited from almost all countries across the world and the WPA News is widely disseminated. Various educational programmes and series of books had been produced including an E-Learning long distance programme. World Psychiatry, the WPA official journal, could be freely downloaded from PubMed Central and the WPA website ([www.wpanet.org](http://www.wpanet.org)).



## What are its Aims?

The core missions of the WPA include the following:

- To encourage the highest possible standards of clinical practice
- To increase knowledge and skills about mental disorders and how they can be prevented and treated
- To promote mental health
- To promote the highest possible ethical standards in psychiatric work
- To disseminate knowledge about evidence-based therapy and values based practice
- To be a voice for the dignity and human rights of the patients and their families, and to uphold the rights of psychiatrists
- To facilitate communication and assistance especially to societies who are isolated or whose members work in impoverished circumstances

## WPA Secretariat

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Prof. Roy Abraham Kallivayalil (India)

### Adminstrator

Ms. Francesca Sotgiu (France)

### Deputy Adminstrator

Ms. Pamela Atiase (Switzerland)

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